

Emotional disorders and suicidal tendencies go far beyond appearances (and the obvious). Every day in Brazil, at least 32 people take their lives - in almost 97% of the cases for mental health reasons, such as depression and bipolar disorder.



Visit dorconsultoria.com.br/campanhas to learn how to be the light at the end of the tunnel for those in the darkness.

And in case of emergency, dial 188 (National Suicide Prevention Lifeline- CVV).

