

SPEAK  
NOW  
TO  
AVOID  
BEING  
SORRY  
LATER



Every year, more than 700,000 people in the world commit suicide, and treating the subject as taboo only helps to disguise the problem.

Being aware of the signs and being open to talking to a potentially suicidal person to show support and refer them to professional care can prevent the worst.



This **Yellow September**, learn more about mental health and suicide prevention: [dorconsultoria.com.br/campanhas](https://dorconsultoria.com.br/campanhas)

If you need emotional support, dial **188**  
(Life Valuation Center)

**D'OR** consultoria